



The WILLAMETTE WANDERINGS

Walking Newsletter

Published Quarterly
Nov 2016-Jan 2017

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**Next issue
February**

SUNDAY STROLLS

Nov 13 – 2 PM

Dec 11 – 2 PM

Jan 8 – 2 PM

MEETING DATES

November 16*

No Dec meeting

January 15**

2nd floor classroom

5:30 PM, Bldg D
Salem Hospital

*Creekside Room

**2nd floor Classroom

Meeting reminders
will be sent.



WILLAMETTE WANDERERS' 2017 WALKS

A Year-Round Walk in Dallas to Start in 2017

In Aug 2015 the club sponsored a walk event in Dallas. The 2017 5/10K routes have been modified from those event routes with the starting point being at the Pressed Coffee & Wine Bar, 788 Main in downtown Dallas (great food/service). Both routes go through downtown and nearby older residential areas, the Delbert Hunter Arboretum and Botanic Garden, and the Rickreall Creek Trail. The 10K goes further along the Creek Trail to newer residential areas and over a new 2016 bridge from the Aquatic Center to the Dog Park and the Dallas hospital area.

OTHER WALKS: The 3 walks from the Salem Hospital will continue as well as the Independence and Monmouth walks. McMinnville 5K route has been updated by Betty to include newer art installations. Keizer 10K will be revised since the beautiful fir trees at Salem River Road Park which had a visible osprey nest have been destroyed. More walking in Keizer Rapids Park will probably be included. The West Salem walk will be retired. A new Salem walk is scheduled to occur during 2017.

UPDATES ON SALEM SATURDAY WALK EVENTS

On Saturday, August 27th at the Salem Saturday Market the club sponsored the Historic Salem walk through the downtown & the Grant neighborhood. Salem historian and Wanderer Member Virginia Green led a tour through the Grant neighborhood. Earlier she received her OTSVA Flame award for Inspiration. A total of 110 walkers came for that event.

In 2017 there will be two one-day Saturday walk events. First will be on May 6th to celebrate the opening of the new Minto-Brown Island /Riverfront bridge. Then, on June 3rd the club will be once more be offering its walk at the Willamette Mission State Park. Stay tune for more information about these two events.

Photos from the Salem event:



Above: Happy Trail Markers Betty & Don;

Below: Rozy, Sharon & Fran, our friendly members at the Checkpoint/Finish table.



Upcoming Willamette Wanderers' Sunday Strolls.

Strolls are subject to change. Reminders will be sent before each walk.

At the club's website there is a Calendar which also lists the monthly Sunday Strolls by the Corvallis and Albany clubs. Thursday walks are also listed as well as weekend walk events being held in other Willamette Valley towns including Portland/Vancouver, WA. Info: Julia, 541-967-3001, pjwesterberg@comcast.net, who handles the Thurs walks & Strolls.

Sun, Nov 13, 2 PM -- Sunday Stroll in Independence, 5/10K, rated 1A (flat walk). Walk goes through this small river town's residential/downtown National Historic District & attractive Riverview Park by Willamette River.

Sun., Dec 11, 2 PM -- Sunday Stroll: Waterways, 6/10K, rated 1A. 10K route visits downtown, Riverfront with carousel, crosses former RR pedestrian bridge to Polk Co., parks with veterans' memorials, Capitol area, Willamette Univ & historic houses south of hospital; 2K extension. 6K goes to downtown, Riverfront, pedestrian bridge & Capitol.

Sun., Jan 8, 2 PM -- Sunday Stroll: Historic NE Salem 6/10K, rated 1A. Court-Chemeketan Historic Residential District on both routes. 10K goes to Oregon State Hospital & the lovely Englewood neighborhood nearby. the downtown area.

Help Wanted:

The Club is looking for a much less expensive place to store its event supplies. If you have space for our supplies, please contact Susan for more info at 503-364-3475.

Refer your friends as possible new members.

News at Our Walks:

McMinnville continues to be featured in many publications. In the May/June 2016 issue of the Northwest Travel Magazine there is a great article about this town. The beautiful shady trees on Third Avenue were planted in the 1970s.

Recent Club Photographs

Registration desk at Historic Salem Walk Event, 8/27/16



Photo by Starr

Thursday Walkers in Mt Angel for their annual walk during Oktoberfest, 9/15/16



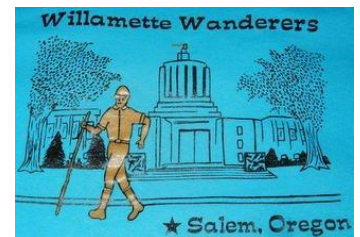
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WEBSITE:
WillWander.weebly.com

Club t-shirt for only \$10 in blue or teal



A 5K is 3.1 miles; a 10K is 6.2 miles. At the Sunday Strolls and on Thursday walks, people walk at their own speed. Usually a 10K can be walked in about 2 hours and a 5K in an hour.

AVA: www.ava.org
Oregon walks/clubs:
www.walkoregon.org

Worth Repeating:

The Willamette Wanderers are sponsoring eight year-round walks in 2017. A new 5/10K walk in Dallas with continued walks in nearby Independence, Monmouth & McMinnville. (5K has been updated). Three Salem walks still starting at Salem Hospital (West Salem isn't being offered) and the walk in Keizer (10K to be revised in early 2017).

Nov 16
No Dec meeting
Jan 15 (2nd floor classroom)

**Mark
Your
Calendar**

