



The WILLAMETTE WANDERINGS

Walking Newsletter

Published Quarterly
May-July 2017

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**Next issue
Aug 2017**

SUNDAY STROLLS

May 21 – 2 PM*

June 11 – 2 PM

July 11 - 2 PM

Leashed dogs are
welcomed at Strolls.

*(3rd Sunday)

MEETING DATES

May 17

June 21

July 19

2nd floor classroom

5:30 PM, Bldg D
Salem Hospital

Meeting reminders
will be sent. Free
parking in lot east of
Bldg D.



Updates on the Club's Two Summer Walk Events

Willamette Mission State Park walk event will be on Sat., June 3rd and is being co-sponsored by the Oregon Parks Department. A poster has been designed by that State agency which will be posted on Salem area bulletin boards. There is also a brochure at the club's website for this walk event: see [Mission](#). There will be no park entrance fee on that day. Sign-in for the walk is between 9 AM & Noon at the boat ramp at Mission Lake. Written directions/maps will be provided for the 2 5K loop walks there. Walkers can also follow the arrows/ribbons.

The rescheduled Minto-Brown Bridge walk will now be on Sunday, October 8th after the Bridge is formally opened in August. The walk will start at the Salem's Riverfront with the walk concentrating at Minto-Brown Park with 5K and 10K routes. Leashed pets are welcomed at both walk events. The brochure for this walk hasn't been designed yet. More information about these two events will be e-mailed. Members will have the opportunity to help at the events so please put these dates on your calendar. Below are photos taken at Mission Park & of Minto-Brown bridge.

Many walking opportunities by other AVA Portland/Mid-Valley clubs will be offered during the next several months. They will be posted on the club's website calendar.

Top photo from the Willamette Riverkeeper: North Salem High School students helped in removing dozens of old tires from Willamette Mission floodplain. Bottom photo: Minto-Brown bridge as of April 1, 2017.



Summer Evening Walks

Starting in June the Club will be sponsoring walks probably only in Salem after work around 5:30 PM on Tuesday evenings. More information will be forthcoming in e-mails. If you are interested in joining these walks, contact Lin at linell49@g.com or 503-585-9837.

The Total Solar Eclipse

You are undoubtedly aware there will be a total solar eclipse in the Mid-Valley on Monday, August 21st. Many towns in our area are planning special activities on the preceding weekend & that day. There will be a walk event in Stayton starting at 7:30 AM on Aug 21st. Special glasses will be provided for the first 50 walkers. See [Eclipse Walk](#) for details. The Solar Eclipse will be an exciting and unique event!

Upcoming Willamette Wanderers' Sunday Strolls.

Strolls are subject to change. Reminders will be sent before each walk.

At the club's website there is a Calendar which also lists the monthly Sunday Strolls by the Albany club. Thursday walks are also listed as well as weekend walk events being held in other Willamette Valley towns including Portland/Vancouver, WA. More information: Julia, 541-967-3001, pjwesterberg@comcast.net, who handles the Thurs walks & Strolls.

Sun., May 21, 2 PM – Independence, 5/10K, rated 1A. Walk goes through this small river town's residential/downtown National Historic District & attractive Riverview Park by Willamette River. Walk being amended to go through Inspiration Park. Walk starts at Hi-School Pharmacy. Note: walk is on 3rd Sunday & not 2nd Sunday.

Sun, June 11, 2 PM – Dallas, 5/10K, rated 1A. Walk goes through City Park, Hunter Arboretum and on the Rickreall Creek trail along with downtown & in older/newer residential areas. Walk starts at Pressed Coffee & Wine Bar in downtown.

Sun., July 9, 10 AM – McMinnville, 5/10K, rated 1A. 5K concentrates on downtown art while 10K goes through Joe Dancer Park and residential areas. Walk starts at McMenamin's Oregon Hotel. NOTE TIME CHANGE.

NO IRIS CLUB WALK IN 2017

There will be no iris walk at Schreiner's this year. But the Albany Fitwalkers are again presenting their peony walk at Adelman's on May 20th. See [Peony](#) for details.

News About Our Walks:

The pedestrian bridge on the NE Salem walk is being replaced and will be closed from June 15 through Sept 30. A detour will be on this walk but enjoy this charming bridge before then. See Feb. Stroll photo below.

2017 Farmers' markets: Salem: Saturday; Independence: Saturday; McMinnville: Thursday; Dallas: Thursday; none in Monmouth & Keizer.

Recent Club Photographs

Court St bridge near 18th St on NE Salem walk; it's to be replaced Summer 2017



Thursday walkers at State Capitol – Photo: Sylvia



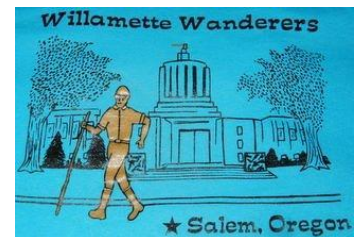
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Club t-shirt for only \$10 in blue or teal



A 5K is 3.1 miles; a 10K is 6.2 miles. At the Sunday Strolls and on Thursday walks, people walk at their own speed. Usually a 10K can be walked in about 2 hours and a 5K in an hour.

AVA: www.ava.org.
Oregon walks/clubs:
www.walkoregon.org.

Worth Repeating:

The Club is sponsoring two walk events this summer: Sat., June 3rd at Willamette Mission State Park in Gervais; Sunday, October 8th at Riverfront Park in Salem.

The club's 2017 8-walks brochure can be found at [Brochure](#) at the club's website..

Club Meetings:

Club meetings are opened to members/public. We meet on 3rd Wednesday at 5:30 PM in the Classroom on the 2nd floor in Building D at Salem Hospital. Meetings last for about an hour.

May 17
June 21
July 19

Mark
Your
Calendar

