



# The **WILLAMETTE WANDERINGS** Walking Newsletter

Published Quarterly  
May – July 2016

## IN THIS ISSUE:

- Upcoming Walks
- Club News
- and More

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August**

## SUNDAY STROLLS

May 15th – 2 PM

June 12th – 2 PM

July 10th – 2 PM

## MEETING DATES

May 18

June 15

July 20

5:30 PM  
Building D  
Salem Hospital

Meeting reminders  
will be sent.



## WILLAMETTE WANDERERS' 30th Anniversary!

The Willamette Wanderers Club was chartered on June 9, 1986 as a member of the American Volkssport Association. Its founding members were Betty Mount and her two daughters. Thanks to the personal collections of Mary Brillhart and Lena Davis, the club's archival history has been greatly enhanced. Scrapbooks have been made documenting the 30 years of work the club has devoted in creating year-round walking routes and sponsoring weekend walking events. It is an impressive history!

Shown below are the unique certificate and ribbon received from the AVA.



## CLUB'S SUMMER WALK EVENTS

The iris walk event at Schreiner's Iris Gardens in Keizer will be on Sunday, May 22. There will be 2 5K loops designed by Rozy which will take walkers through the display gardens and through iris beds. Participants can register any time after 10 AM and until 1 PM for the 10K & 2 PM for the 5K. The club's anniversary will be celebrated with a special cake. Click [here](#) for the flyer which also includes the Albany Fitwalkers' May 14th event at Adelman Peony Gardens.

On Saturday, August 27, there will be a walk starting at the Salem Saturday Market in downtown Salem. There will be 2 5K loops with one going through the Grant neighborhood just north of the

Capitol. The other 5K loop will take walkers to downtown Salem where the focus will be on its unique historic buildings and public art. The Piety Hill neighborhood, which was razed with the construction of the new Capitol and its adjacent buildings, will also be a focus of this walk. A guided tour of the Grant neighborhood will be at 10 AM.

Members will be asked to help staff both events with trails' marking/sweeping, registering walkers, working at the checkpoint/finish tables and providing refreshments.

There is no charge for walkers except for those wanting AVA credit. Dogs are welcomed at both events. The club will have a busy & fun summer!

## Upcoming Willamette Wanderers' Sunday Strolls.

Strolls are subject to change. Reminders will be sent before each walk. At the club's website there is a Calendar which also lists the monthly Sunday Strolls by the Corvallis and Albany clubs. Thursday walks are also listed as well as Saturday walk events being held in other Willamette Valley towns including Portland/Vancouver, WA. Info: Julia, 541-967-3001, [pjwesterberg@comcast.net](mailto:pjwesterberg@comcast.net).

Sun, May 15, 2:00 PM – Sunday Stroll in Independence, 5/10K, rated 1A. Walk goes through the residential/downtown areas on National Register of Historic Places and to its Riverfront Park. NOTE THE STROLL WILL BE ON THE 3RD SUNDAY; 2ND SUNDAY IS MOTHER'S DAY.

Sun., June 12, 2:00 PM – Sunday Stroll: West Salem, 5K (rated 1A) & 10K (rated 2B). Walk goes through Wallace Marine Park, historic downtown. 10K continues through Audubon Nature Reserve & hillside residential area.

Sun., July 10, 2:00 PM – Sunday Stroll in McMinnville, 5/10K, rated 1A. The 10K has been revised which includes the historic downtown plus Joe Dancer Park, Linfield College, and attractive neighborhoods. The 5K concentrates on the Public Art in the downtown area.

### Which WW walk has this gnome?



### News at Our Walks:

Thurs Group walks even in rain. Below photo shows us ready for rain which happened after the walk. The other photo is from Statesman Journal with Zach Urness kayaking in West Salem Park on 3/14/16 where there is no lake but a recessed sitting area for concert goers

### Recent Club Photograph

Thursday Walk in Stayton, 2/11/16



### Club Meetings:

Club meetings are always opened to members and the public. Mark your calendar and plan to attend on the 3rd Wednesday of each month at **5:30 PM** in the Creekside Overflow Room on the first floor in Building D at Salem Hospital. We need your ideas/assistance. Meetings last for about an hour.

May 18  
June 15  
July 20

**Mark  
Your  
Calendar**



Walking for Fun, Fitness & Friendship

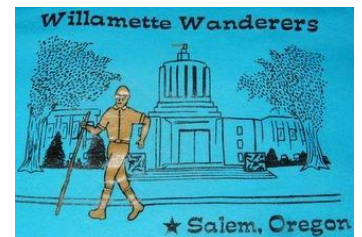
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[WillWander.weebly.com](http://WillWander.weebly.com)

*Club t-shirt for only \$10 in blue or teal*



A 5K is 3.1 miles; a 10K is 6.2 miles. At the Sunday Strolls and on Thursday walks, people walk at their own speed. Usually a 10K can be walked in about 2 hours and a 5K in an hour.

AVA: [www.ava.org](http://www.ava.org)  
Oregon walks/clubs:  
[www.walkoregon.org](http://www.walkoregon.org)

### Worth Repeating:

The Wanderers are sponsoring 8 year-round walks in 2016. Revised Governor's Mansion plus walk in McMinnville with continued walks in Salem, Keizer, Independence & Monmouth.

Sun., May 22 – Iris Event  
Sat., Aug 27 – Salem Event