



The WILLAMETTE WANDERINGS

Walking Newsletter

Published Quarterly
Feb – April 2016

IN THIS ISSUE:

- Upcoming Walks
- Club News
- and More

**Next issue
May**

SUNDAY STROLLS

Feb 14th – 2 PM
March 13th – 2 PM
April 17th – 2 PM

MEETING DATES

Feb 17
March 16
April 20

5:30 PM
Building D
Salem Hospital

Meeting reminders
will be sent.



WILLAMETTE WANDERERS NEWS

Officers for 2016 are Jim as President, Julia as Vice President, Bonnie as Secretary, Susan as Treasurer, and Debra as Membership Chair. Karen W handles our club website/Facebook, and Nancy publicizes our walks on Meetup. We have approximately 40 members who support the club in such ways as participating in the Thursday/Sunday walks, helping at walk events, creating new walks, and referring others to our walks and membership.

The McMinnville 10K route has been revised, thanks to Tom & Rita. It will make its public debut at the March Sunday Stroll on March 13. More information can be found in the Sunday Stroll section. This walk & the club's 7 other walks are described in our new bright green brochure & at club website.

The 2015 Iris event walk will be held on Sunday, May 22nd, at Schreiner's in Keizer during the Iris Festival weekend. So mark your calendar to help with this popular biennial walk. The Albany Fitwalkers will be sponsoring their peony walk at Adelman Gardens in Brooks on Sat., May 14th. Dogs will probably be allowed at both events as they were in the last walks.

Another walk event will be held on Sat., Aug 27 at the Salem Saturday Market. Information about this event will be in the next newsletter but mark your calendar also for this event.

GARGOYLES, GNOMES & DOGS

People who do our walks either walk for AVA credit or for non-credit/free. Non-credit people may hear credit walkers talking about Challenges. What are these? Both AVA and the State Association (OTSVA) sell special Challenge books which resemble a scavenger hunt list. In 2016 there are 29 AVA and 40 OTSVA Challenges which are listed in a table in each walk register.

The letter G Challenge has walkers looking for Gallery, notable Gardens, Gazebo, & Gnomes or Gargoyles. The last two are harder to find. So if you find them when doing our walks, tell Julia at pjwesterberg@comcast.net. A gargoyle is on the Waterways walk & 2 gnomes in Independence.

A common question asked is "Do your walks allow dogs?" Yes, we do as seen in the photos below of Paisley, Izzy, Brody & Matilda who are regular walkers. We have free AVA dog tags for our special walkers.



Upcoming Willamette Wanderers' Sunday Strolls.

Strolls are subject to change. Reminders will be sent before each walk. At the club's website there is a Calendar which also lists the monthly Sunday Strolls by the Corvallis and Albany clubs. Thursday walks are also listed as well as Saturday walk events being held in other Willamette Valley towns including Portland/Vancouver, WA. Info: Julia, 541-967-3001, pjwesterberg@comcast.net.

Sun, Feb. 14, 2:00 PM – Sunday Stroll at NE Salem, 6/10K, rated 1A. Walk goes to Court-Chemeketan Historic Districts, Oregon State Hospital, and Englewood neighborhood.

Sun., March 13, 2:00 PM – Sunday Stroll in McMinnville, 5/10K, rated 1A. The 10K has been revised which includes the historic downtown plus some western/eastern neighborhoods. The 5K concentrates on the Public Art in the downtown area.

Sun., April 10, 2:00 PM – Sunday Stroll: Waterways, 6/10K, rated 1A. Walk goes downtown, Riverfront Park, RR Pedestrian bridge. 10K continues to veterans memorials, Capitol & Willamette Univ. 6K doesn't go to the veteran memorials.

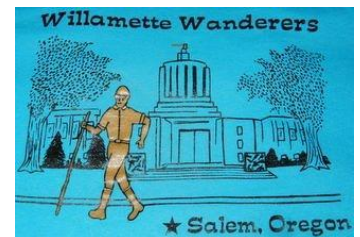
US MAIL:
PO Box 13982
Salem, OR 97309

PHONE:
(541) 967-3001

E-MAIL:
via website below

WEBSITE:
WillWander.weebly.com

Club t-shirt for only \$10 in blue or teal



News at Our Walks:

December's cold, rains, and flooding affected our walk attendance in West Salem, NE Salem, & especially Independence. Left is a photo of Riverfront Park in Independence taken in December.

Don't Miss A Meeting

Club meetings are always opened to members and the public. Mark your calendar and plan to attend on the 3rd Wednesday of each month at **5:30 PM** in the Creekside Overflow Room on the first floor in Building D at Salem Hospital. We need your ideas/assistance. Meetings last for about an hour. **NOTE NEW TIME**

Recent Club Photograph

Sunday Stroll on 1/10/2016 (Fran photo)



Click [here](#) for info on Independence bldg



In riverboat days the tower was used to look for boats & a bell was rung when one was seen to alert people.

A 5K is 3.1 miles; a 10K is 6.2 miles. At the Sunday Strolls and on Thursday walks, people walk at their own speed. Usually a 10K can be walked in about 2 hours and a 5K in an hour.

AVA: www.ava.org
Oregon walks/clubs:
www.walkoregon.org

Worth Repeating:

The Wanderers are sponsoring 8 year-round walks in 2016. Revised Governor's Mansion plus walk in McMinnville with continued walks in Salem, Keizer, Independence & Monmouth.

Sun., May 22 – Iris Event
Sat., Aug 27 – Salem Event

Feb 17
March 16
April 20

**Mark
Your
Calendar**