



The WILLAMETTE WANDERINGS

Walking Newsletter

Published Quarterly
Aug-Oct 2014 Issue

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SUNDAY STROLLS

Aug 10th – 5PM

Sept 7th – 2PM

Oct 19th – 2 PM

MEETING DATES

Aug 20

Sept 17

Oct 15

7:00 PM

Building D

Salem Hospital

Pre-meeting walks
may be possible.
See note on p. 2.



Club News: Members' Picnic and Dues Reminder

The annual members picnic will be held on Wed., Sept. 17 at 6PM in the south picnic table area of Bush Park by Leffelle & High. It will be a potluck. More details will be provided in a September e-mail.

Just a reminder that the club's new membership year began on July 1st. Thanks to those members who have renewed. If you haven't renewed yet, individual dues are \$5 and family dues \$10. If you have questions about your membership status, contact Beth at bethnegrey@gmail.com. Payment can be sent to P.O. Box 13982, Salem 97309, or paid at the Aug club meeting, or at the Aug Sunday Stroll, or at a Thurs. walk.

Dues help to support our self-guided walks in Salem and Keizer. We are members of the State Association (OTSVA) and the American Volkssport Association (AVA) which promote our walks at their websites. AVA also publishes an annual directory of all its clubs' walks in the US and is a handy reference while traveling in this country.

Club t-shirts are now also available in teal as well as the lighter blue. Adult sizes: small to extra large; children's large (size 8-10) only in teal. T-shirts are sold at cost for \$10.

Club Walks for 2015

At the July meeting the Club voted to continue sponsoring in 2015 the Waterways, Governor's Mansion, NE Salem, and Keizer neighborhood walks. There will be new walks in Monmouth and Independence. The South Salem Sunnyslope walk and the Keizer Willamette Mission seasonal walk will be dropped in 2015 due to low attendance. Both of these walks will be walked one more time as Sunday Strolls.

Members are encouraged to suggest new walking areas.

AVA 2015 Convention in Salem

Plans continue to be underway for the Convention to be held at the Grand Hotel in downtown Salem, June 13-21, 2015. Do check out: www.nationalavaconvention2015.com/ Several WW members are already involved in the planning – Karen W designed the convention's website. If you would like to help at the Convention or have any questions, please contact Julia at pjwesterberg@comcast.net. She will pass your name on or questions to the appropriate people. There will be plenty of ways in which you can show walkers from all over the US, Canada, and possibly from other countries how hospitable we are.

Reminders will be sent shortly before each walk. NOTE Aug 10th walk!

August 10, 5:00 PM – Governor’s Mansion, Rated 1A

The route follows city sidewalks and paved paths with one hill. The 10km passes the Capitol grounds, Willamette University, the Governor’s Mansion, tree shaded parks and the county courthouse. The 12KM option includes a cemetery. A 6KM route is available but doesn't go to the Capitol/University. Meet at Salem Hospital at 4:45 by piano in Bldg A (Admissions/ER).

Sept. 7, 2:00 PM – Willamette Mission, Rated 1A – NOTE TIME/DATE

CHANGE -- Newly revised walk includes a 5 K. See the site of the Jason Lee mission and the nation's largest black cottonwood tree which is over 270 years old. May meet at Willamette Lutheran Home, 7693 Wheatland Road, for carpooling.

Oct. 19, 2:00 PM – South Salem -- Sunnyslope, Rated 2B– NOTE DATE

CHANGE -- See beautiful homes surrounded by parks, shade trees, hidden paths and great views. Visit the Belcrest Memorial Cemetery. Contains some ups and downs, but only one short hill. Roth’s Fresh Market, 4555 Liberty Rd S, Salem.

ALBANY FITWALKERS’ SUNDAY STROLLS:

August 31, 5:00 PM – Southeast Albany – Rated 1A

Walk along a bike path, a lake and a canal with many types of ducks and other birds. The walk also goes through parks and quiet residential neighborhoods. The Brookdale Villas Courtyard, 1929 Grand Prairie Rd SE, Albany.

Sept. 28, 2:00 PM – Parks & Lakes – Rated 1A -- This new walk includes the nationally recognized Talking Water Gardens (a 50-acre man-made wetlands park), Waverly Lake Park and the two Swan Lakes in a residential neighborhood, all connected by Cox Creek. Stroll details to be provided later.

Don't Miss A Meeting

Following is a list of meetings scheduled for the Willamette Wanderers for 2014. Mark your calendar and plan to attend in the Creekside Overflow Room on the first floor in Building D at Salem Hospital at 7PM on these Wednesdays:

SEE NOTE TO RIGHT ABOUT PRE-MEETING WALKS

- August 20
- Sept 17--Bush Park 6PM picnic
- October 15
- November 19
- December 17

Mark Your Calendar

Alisa Johnson Update

Alisa and her sons started their 51 Capitals in 51 Days adventure here in Salem on June 28th. She continues to be on schedule and writes daily at <https://www.facebook.com/51in51>. You don't have to have a facebook account to keep informed. 10,061 miles in 35 days so far.



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Congrats & Thanks:

Congrats to Susan for her OTSVA Flame Award for Excellence & to Karen M, the new OTSVA Treasurer. Thanks to Connie, Maaike & other Thurs walkers for help with new walks in 2015.

Pre-meeting Walks:

If you wish to walk before the meeting at 4:30 or 5:30, please contact Nancy at 503-949-5487. A walk may be possible.

Worth Repeating:

Aug. 10 – 5 PM
Sunday Stroll – Governor’s Mansion

Sept. 17 - Picnic
Bush Park