



# The WILLAMETTE WANDERINGS

## Walking Newsletter

Published Quarterly  
August 2013 Issue

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- Upcoming Walks
- Club News
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Next issue November

### SUNDAY STROLLS

September 8<sup>th</sup>  
 October 13<sup>th</sup>  
 November 10<sup>th</sup>  
 December 8<sup>th</sup>

### MEETING DATES

September 18<sup>th</sup>  
 October 16<sup>th</sup>  
 November 20<sup>th</sup>

7:00 PM  
 Building D  
 Salem Hospital

Pre-meeting walks  
 begin at 5:00 in the  
 lobby of building A



## Several Members Recognized by State Organization

Five members of the Willamette Wanderers were recently honored by OTSVA – the Oregon Trail State Volkssport Association. Honorees received an Oregon Flame Award based on nominations by Oregon walkers.

**Nancy** was recognized for her Individual Excellence, Nancy is an avid walker. She developed an event in Jefferson which is now a year round walk. In the summer, she leads a walk, once a week after work, and attends club meetings regularly.

**Julia**, too, was recognized for her Individual Excellence. She has developed and coordinated walks

for the Willamette Wanderers, including the NE Historic and the West Salem Walks along with Keizer's RIVERfair event. Each Thursday Julia coordinates a weekly group walk around the Willamette Valley.

**Leroy** was awarded for Inspiration, having walked over 90 marathons and over 49,000 kilometers. He began volkswalking while working in Europe over 33 years ago.

For his Enthusiasm, **Richard** received an award for the way he has jumped in and helped since joining in 2012. He walks the traditional events, weekday walks, as well as the worker's walks for new future events.

**Rozy** is always enthusiastic and joyful, and goes out of her way to help folks. Her enthusiasm for walking, and her work with OTSVA and the AVA have earned her much deserved award.



Leroy, Richard, Rozy, Nancy, and Julia

## Member Achievements

The following Wanderers were recognized in the recent AVA publication.

- Bonnie** - completed her 20 Events Book
- Richard** - completed his 30 Events Book
- Karen** - completed her 175 Events & 2,000K Books



Bonnie



At the picnic, Wanderers relax as Rozy announces OTSVA's Flame Award recipients

## Annual Club Picnic

The theme varied somewhat as the group enjoyed great food, fun and fellowship at the annual club picnic held last Wednesday evening. A brief meeting followed, and awards were presented to several members in attendance by president Rozy.

## The Making of a Great Event

August 10, the Willamette Wanderers held a walk event at the 6<sup>th</sup> Annual Keizer RIVERfair, sponsored by the Making Keizer Better Foundation. Although isolated thunderstorms had been predicted, the day was sunny and warm, with a thunderstorm arriving after the walk ended at 4:00 PM. The walk started at 9:00 AM and offered a choice of two routes: the shorter (5K) route took walkers through the forest. While there, some saw the disc golf tournament being held.



The longer (10K) route not only went through the forest, but through an attractive nearby neighborhood, on the way to and from Sunset Park, with views of the Willamette River as well.

The walk event was well attended by 191 people coming from not only Keizer & Salem but the Washington, Portland and Eugene-Springfield areas as well. After registering, participants received written directions/maps to guide them on their walk which was also well marked arrows and ribbons. After completing the walk, participants walking for American Volkssport Association credit had their event/distance books stamped.



This one-day event required months of preparation. Initial work started in February when the forest trails were identified and measured since no trail map could be located. With this information, a forest route was designed. For the neighborhood route, a computerized map-making program helped to create the initial design. Driving the route led to some adjustments to ensure that event walkers would have a safe and enjoyable route. Later, both the forest and residential routes were tested by Thursday group walkers resulting in further adjustments. Finally, written directions and maps were prepared.

Time to recruit help necessary to successfully operate the August 10<sup>th</sup> event, Willamette Wanderers were recruited to man the registration and finish tables, the checkpoint, bring refreshments and event supplies, as well as marking and unmarking the trails before and after the event. Publicity was promoted via flyers, newspapers, and on the Internet.

The club wishes to thank the Wanderers and Friends who worked at the event or participated in the walk, helping to make the event a success. [More photographs](#) of the event can be found on the club's [Facebook page](#).



Keizer RIVERfair Committee Co-Chairs Julia & Richard with their awards from the Oregon Trail State Association (OTSVA)

## September 8, 2:00 PM – McMinnville Brews & BBQ Festival (info)

Enjoy all that this delightful community has to offer while walking the [Wildcats & Parks \(10K\)](#) or [Public Arts \(5K\)](#). Then stick around and enjoy the 6<sup>th</sup> annual Brews & BBQ Festival. The walk will start McMenamin's Hotel, 310 NE Evans Street, McMinnville, 97128. Arrive early to sign in.

## October 13, 2:00 PM – Willamette Mission 5K/10K, rated 1A

On the National Register of Historic Places, Willamette Mission State Park is a great place to explore. Come walk among the walnut and filbert groves, along the Willamette River, past meadows and wetlands, and the site of the former Willamette Mission. See the giant Cottonwood tree and walk aboard the Wheatland Ferry. A carpool will leave Willamette Lutheran, 7693 Wheatland Road, at 1:30 to meet at the ferry. From I-5, take exit 263 - Brooklake Road toward ferry. Left on Wheatland Road to Willamette Lutheran carpool or right to ferry on Matheny Road N. Parking is free along the road on the I-5 side of the river or is \$5 in the parking lot. Oregon State Parks Permits may also be used in the parking lots. Contact: Rozy [wrozy@yahoo.com](mailto:wrozy@yahoo.com) or 541-981-3794.

## November 10, 2:00 – New Keizer Walk: Five Parks & a River

This will be our first opportunity to do this new walk developed by Julia and being introduced in 2014. The walk is an extension of the neighborhood route introduced at the RIVERfair event. We will meet at Keizer Rapids Park, at the western end of Chemawa Road, 1900 N. Chemawa Road. (GPS directions are incorrect).

## December 8, 2:00 – Historic Albany Parlour Tour with the Fitwalkers

This walk is held annually by the Fitwalkers in conjunction with Albany's Historic Parlour Tour. Step back in time as you walk through two historic districts, past specially selected vintage homes. Those wishing to take a look inside these seasonally decorated, beautifully restored homes and businesses may do so for the price of a Parlour Tour ticket. Tickets have been discounted for walkers in years past and may be again. More information will be posted on the Wanderers website once available.

## More opportunities for us to join the Fitwalkers ....

September 29, 2:00 PM – Brownsville  
October 27, 2:00 PM – Timber Linn (Not available in 2014.)  
November 27, 2:00 PM – North Albany  
Find out more about these walks by clicking [here](#).



### **NOTICE:**

*Start times for Sunday strolls have moved to 2:00 PM.*

## **Year-Rounds Planned for 2014**

New Keizer and West Salem walks will be introduced for 2014. Sunnyslope will remain on the list of walks sponsored by the Wanderers, along with the three walks that start at the hospital (Governor's Mansion, Waterways and N.E. Historical). The Willamette Mission walk will also continue since it qualifies for a new challenge beginning in 2014.

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At the annual picnic at Bush Park, past president, Susan is honored for her ongoing support of the club by current club president Rozy, who gave Susan a new club t-shirt

## **Thursday walks are still a favorite. Next up:**

- 8/29 – Willamette/West Linn
- 9/5 – Tualatin – Ibach Park
- 9/12 – Mt Angel (1<sup>st</sup> day of Octoberfest)
- 9/19 – Jefferson
- 9/26 – Portland

Schedule for October walks is being arranged & will include Forest Grove and Portland.

For information contact Julia at 541-967-3001 or [pjwesterberg@comcast.net](mailto:pjwesterberg@comcast.net)